

# Membership Savings

Children can be expensive and, while you may have prepared for the expense of one baby, the cost of more than one is often unexpected. MBSA is committed to helping members save money.

## Example MBSA member savings

item	retail cost	member cost	savings
Foodland voucher	\$30	\$0	\$30
Twin Z Pillow	\$220	\$0 hire	\$220
Preloved double pram from our Sales group	\$1000	\$500	\$500
Cots x 2 from Baby Junction*	\$1098	\$933	\$165
Pronto hybrid stroller	\$1499	\$1274	\$225
<b>TOTAL SAVINGS</b>			<b>\$1140</b>
+ Support from those who know		\$0	Priceless

\*Babyhood Classic Curve Cot, price at April 2024

“ I love this amazing community I've entered into simply by being blessed with multiples! ”  
**Kayla**

MBSA prides itself on being an active and supportive community for families of multiples. Becoming a member means you'll feel connected, supported and part of a community who understands the multiple birth journey. Find us online to read more about what we do and how you can join.



**\$** Discounted goods and services

**\$** Access to closed Facebook sales group

**\$** Free breastfeeding pillow hire

[facebook.com/MultipleBirthSA/](https://facebook.com/MultipleBirthSA/)

[@multiplebirthsa](https://www.instagram.com/multiplebirthsa)

[multiplebirthsa.org.au](https://multiplebirthsa.org.au)



# Twins, triplets or more!

Information for new and expectant parents

# Congratulations!

Welcome to the multiple birth community

Multiple Birth South Australia (MBSA) is a welcoming, inclusive community that celebrates with families the joy of a multiple birth, and understands the unique challenges experienced by those in our family. We provide multiple birth families with practical support and a network of connections across South Australia to empower them to thrive.



## MBSA services



Reduced costs



Members-only forums



Free information sessions



Free events



Peer support

## Home Help Service

The Home Help Service offers short term support to South Australian multiple birth families by providing an allocation of free in-home weekly visits from professional carers.

The carer can be an additional set of hands to help with the babies, perform light housework, or they can just look after the children to allow the parent/s to have a break.

The program is run by Multiple Birth SA and is available for all SA residents, including rural families, and can be applied for any time before the multiples are 12 months old (corrected age). This is a no-cost service for families, funded by SA Health through the Women's and Children's Health Network.

For more information please contact:  
[homehelp@multiplebirthsa.org.au](mailto:homehelp@multiplebirthsa.org.au)

MBSA is an affiliate of the



**Government of South Australia**

Women's and Children's  
Health Network